



## **General Information**

### **Registration/reservation group lessons for adults:**

The group lessons can be reserved and booked as follows:

- **Online booking:** possible until 3 days before course start
- **Reservation by e-mail:** no later than Sunday before the start of the lesson, 17.00
- **By phone:** +41 (0)33 733 26 23 no later than Sunday before the start of the lesson 17.00
- **Shop village:** at the latest on Sunday before the start of the course until closing time

### **Start of the lesson and registration:**

- The group lessons start on Monday and end on Friday
- Lessons take place from 3 participants per strength class. If there are fewer participants, the lessons will be combined or the course times will be shortened.
- You will be divided into groups based on the information you provide when you book your lessons. The correct classification helps you to learn more effectively.
- For **beginners**, courses can only start on Monday because the group is too advanced at a later time.
- For **advanced** skiers who already have experience, we will be happy to check the entry from Tuesday or later.

### **Ski school ticket**

Please make sure that you have a valid ski school ticket. You will receive it with your booking or it will be sent to you in advance with an invoice. The ski school ticket is valid as soon as the lessons are paid. The ski school ticket is personal and not transferable.

The ski school ticket from our point of sale are divided into 2 parts:

#### **Ticket ski instructor**

This is marked with a grey band. Please fill out the contact information on the back. This ticket belongs to the snow sports instructor

#### **Ticket guest:**

This is marked with a red band and stays with you during the lessons.

#### **Ticket online booking:**

Please print the ticket after the online booking and take it with you to the lessons.

### **Ski equipment: our recommendation for lessons:**

When buying clothing, make sure that the external conditions such as humidity and temperatures, but also the altitude above sea level and the sun are respected.

- Warm, breathable, water repellent clothing and gloves
- Sun protection: Sun cream and lip protection with protection factor at least SPF 25
- Head protection: tested snow sports helmet (EN 1077)
- Eye protection: Sunglasses or snow goggles with UV protection
- Tested material: ski, snowboard, binding, boots

The choice of the right ski, snowboard or boots depends on technical ability and physical development. The specialized sports stores will be happy to advise you on this topic.

### **Material rental at Lenk**

Do you need rental equipment? From 5 half days of group lessons or 9 hours of private lessons you can benefit from our affordable package "Equipment rental & lift pass".